

ALLOTMENT VOLUNTEERS WANTED



We are looking for volunteers to help maintain and develop our allotment. 'Wor Lotty' was set up to help educate local children taking part in educational projects run by East End Health.

We would like help with:

- Food growing
- Woodwork and general DIY
- Painting

What you will get out of it:

- Learn how to grow your own food
 - Make friends and have fun
- Make a difference to your community
 - Share and learn skills
 - Build your confidence
 - Improve your CV
 - Stay active

Where: "Wor Lotty", Henderson Hall in Cochrane Park, High Heaton

When: Every Wednesday (beginning 1st February 2012) from 10am to 12noon

For further information: please contact Rachel Wake by phone on 0191 2760596 or by email at rachel@eastendhealth.org.uk