Monday

Soup of the day (V)

Mains
Choice of:
“No meat” balls (V)
Vegetarian meatballs cooked in a spicy tomato sauce

Mushroom Ravioli (V)
Mushroom ravioli cooked in a cream and mushroom sauce

Vegetable Yakisoba (V)
Crunchy stir fried vegetables cooked in a yakisoba sauce served with noodles

Baked Jacket Potato (V)
Served with various fillings

All served with a selection of seasonal vegetables and potatoes (V)

Create your own side salad from the salad bar (V)

Selection of Desserts (V)
Including yoghurts, fresh fruit and cold desserts

(V) – Vegetarian
Allergens information: please ask a member of staff for any information required
Tuesday

Soup of the day (V)

Mains
Choice of:
Mince beef pie
Minced beef and vegetables topped with a shortcrust pastry

Chimichurri Chicken
Oven baked chicken breast cooked in a chimichurri marinade

Thai peanut tofu stir fry (V)
Crispy tofu and vegetables stir fries in a spicy peanut sauce with noodles

Baked Jacket Potato (V)
Served with various fillings

All served with a selection of seasonal vegetables and potatoes (V)

Create your own side salad from the salad bar (V)

Selection of Desserts (V)
Including yoghurts, fresh fruit and cold desserts

(V) – Vegetarian
Allergens information: please ask a member of staff for any information required
Wednesday

Soup of the day (V)

Mains
Choice of:

Smoky BBQ pork
Oven cooked pork loin in a smoky BBQ marinade

Thai red chicken curry
Chicken breast pieces cooked in a hot Thai red curry sauce

Moroccan vegetable tagine
Mixed vegetables cooked in a sweet Moroccan style sauce served with fragrant giant cous cous (V)

Baked Jacket Potato (V)
Served with various fillings

All served with a selection of seasonal vegetables and potatoes (V)

Create your own side salad from the salad bar (V)

Selection of Desserts (V)
Including yoghurts, fresh fruit and cold desserts

(V) – Vegetarian
Allergens information: please ask a member of staff for any information required
Thursday

Soup of the day (V)

Mains
Choice of:

Chilli con carne
Minced beef onions and peppers cooked in a spicy tomato sauce with red kidney bean

Duo of fishcakes
Two oven baked fishcakes served with lemon and tartare sauce

Pumpkin tortellini (V)
Pumpkin filled pasta tossed in a warm peppery rocket pesto

Baked Jacket Potato (V)
Served with various fillings

All served with a selection of seasonal vegetables and potatoes (V)

Create your own side salad from the salad bar (V)

Selection of Desserts (V)
Including yoghurts, fresh fruit and cold desserts

(V) – Vegetarian
Allergens information: please ask a member of staff for any information required
Friday

Soup of the day (V)

Mains
Choice of:
Battered Fish
Oven baked battered fish served with tartare sauce and lemon

Spicy pork meatballs
Spiced pork and tomato meatballs cooked in a tomato and onion ragu

Jerk sweet potato and butterbean curry (V)
Sweet potato and butter beans cooked in a medium spiced curry sauce with jerk spices

Baked Jacket Potato (V)
Served with various fillings

All served with a selection of seasonal vegetables and potatoes (V)

Create your own side salad from the salad bar (V)

Selection of Desserts (V)
Including yoghurts, fresh fruit and cold desserts

(V) – Vegetarian
Allergens information: please ask a member of staff for any information required