USEFUL WEB LINKS-STUDENTS

Physical and mental health

Student wellbeing: http://www.ncl.ac.uk/students/wellbeing/
Nightline: https://www.nusu.co.uk/support/nightline/
Chaplaincy: http://www.ncl.ac.uk/students/chaplaincy/
Mind The Gap: https://www.nusu.co.uk/getinvolved/societies/society/8084/
Walking to Work: http://www.ncl.ac.uk/estates/services/travel/Walkingtowork.htm
Drink Aware: https://www.drinkaware.co.uk/
Families Information Service: https://www.informationnow.org.uk/organisation/newcastle-support-directory/
Frank: http://www.talktofrank.com/
Newcastle Talking Therapies: https://www.insighthealthcare.org/our-services/talking-therapies/find-a-service/newcastle/
Time to Change: https://www.time-to-change.org.uk/

Reporting harassment/bullying/discrimination

SafeZone app: http://www.ncl.ac.uk/hr/support/safezone.php
Emergency Info: http://www.ncl.ac.uk/students/wellbeing/about/opening/emergency.htm
Liaison with Police: http://www.ncl.ac.uk/estates/services/security/CBM.htm
Refuge: http://www.refuge.org.uk/
REACH: http://www.reachsarc.org.uk/
Victims of forced marriage: https://www.gov.uk/guidance/forced-marriage
Victim Support: https://www.victimsupport.org.uk/
ManKind-Support for male victims of domestic abuse: http://new.mankind.org.uk/
Bullybusters: http://www.bullybusters.org.uk/