Improving Participation Outcomes for Children with Neurodisabilities
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**BACKGROUND**
- Need to improve participation outcomes and interventions for children and young people with neurodisabilities.
- The first step is to specify the outcomes and the interventions.

**AIM**
To work with service users and providers to design research into participation outcomes and interventions.

**METHOD**
This was a service user (n=9) and provider (n=3) involvement project (n=17), supplemented with a rapid review of literature. It involved four steps:
1. Specify participation outcomes
2. Prioritise participation outcomes
3. Identify intervention categories(s), specify change mechanisms, agree delivery method
4. Design a study to evaluate the intervention

**RESULTS:**
Service user & provider involvement

**Self-care Intervention Categories**
- Set goals
- Monitor against a target
- Modelling
- Adapt the task
- Practice
- Grade the task
- Problem solve
- Demonstrate and train
- Provide information on what to do
- Direct to public health interventions
- Provide equipment