

Jan 2006

STOP SMOKING SERVICES IN NORTH TYNESIDE

GP Practices: (telephone for an appointment)

Every GP practice provided smoking cessation as a LES except for Whitley Bay Health Centre, The Village Green and Wallsend HC

Pharmacies: (telephone for an appointment)

AH McBryde, Whitley Bay	2525146
Alliance Pharmacy, W Bay	2523759
Aschem Chemist, Wellington Quay	2622731
ASDA Pharmacy, Benton	2705700
Baron's Chemist, North Shields	2574872
Boots, The Forum, Wallsend	2623673
Chambers Chemist, North Shields	2572566
Davison's Pharmacy, Wideopen	2362017
Fenwick Ltd, Cullercoats	2527106
Lloyds Pharmacy, Battle Hill	2629407
Lloyds Pharmacy, Monkseaton	2521158
Lloyds Pharmacy, Wallsend	2623829
New York Pharmacy	2960096
Numark Pharmacy, Four Lane Ends	2662016
Numark Pharmacy, Monkseaton	2520609
Numark Pharmacy, Wallsend	2623522
Seaton Valley Co-op, Shiremoor	2533459

Healthy Living Centres:

(GP referral or telephone for an appointment)

Battle Hill Community Centre	2001317
Dudley Community Gym	2008015
Meadow well Community Gym	2704514

Clinics provided by the Stop Smoking Service:

(Telephone 219 5111 to make an appointment for all clinics)

Wallsend Peoples' Centre (Tuesday am, Thursday am and pm)

Howdon SureStart (Thursday am)*

Wallsend Town Hall (Thursday eve)

Oxford Centre, Longbenton (Monday pm)

Cardiac Rehab Centre, North Shields (Tuesday am)

White Swan Centre (Tuesday pm)

* *Pregnant women a priority*

Drop-in Service provided by the Stop Smoking Service

(No appointment necessary)

The Parks Leisure Centre, North Shields (Mondays 5.30-7.30pm)

Health Visitor Clinics: (telephone/fax 2196637 for an appointment)

Nelson Health Centre (Wednesday pm)

The Green Wallsend (Wednesday pm fortnightly)

Shiremoor Resource Centre (Thursday am)

Fordley Clinic (Wednesday pm fortnightly)

Whitley Bay HC (clinic held at St Pauls Church hall) (Thursday am)(Tel 2513372)