Mumps Information.

We have been made aware of an increased number of mumps cases locally including reports of mumps in students attending this university.

Mumps is an acute viral illness transmitted by direct contact with saliva or droplets from the saliva of an infected person. We would often expect to see an increase during the winter period.

Mumps begin with a headache and fever for a day or two before the start of swelling of the parotid glands which may be unilateral (one side) or bilateral (both sides). For further information on the symptoms please see link below

http://www.nhs.uk/conditions/Mumps/Pages/Introduction.aspx

If you think you have mumps we would advise you NOT to attend lectures or mix with other students until 5 days after the onset of swelling to help prevent spreading mumps to others whom may not be protected. If you have any concerns we would encourage you to contact your GP for further advice.

More information about the location of GP practices is available at

http://www.nhs.uk/Service-Search/GP/LocationSearch/4

We would also encourage you to inform staff from your halls of residence or Student Services (0191 208 3333)

The best way to protect against mumps is to ensure that you have had two doses of the Measles Mumps and Rubella vaccine (MMR). If you are unsure speak to your own GP surgery who will be able to check your records and arrange for you to have the vaccine if needed.

29/10/2013