

# WELCOME HOME

THIS IS YOUR  
PARK VIEW GUIDE

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# WELCOME TO PARK VIEW!

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Your new adventure starts here, and this booklet will give you all the information you need to feel at home as soon as possible.

## YOUR TEAM

You will be looked after by a friendly team who are here to make your stay memorable, exciting and safe (but by no means boring!).

The **Residences Team** make sure that everything is working smoothly and carry out necessary repairs. The friendly faces you see at reception are part of the **Customer Services Team** who handle your queries on a daily basis.

The **Allocations Team**, based in King's Gate level 2, can answer any queries about your tenancy or finances that you may have.

Finally, the **ResLife (Residences Life) Team** is here to keep the fun going, with events, competitions, and educational sessions designed to help you make friends and learn how to live on your own.

These teams at your residence are led by:

**Adele Patterson**  
Residence Team Leader

**Robbie Carruthers**  
Customer Services  
Team Leader -  
Park.View@ncl.ac.uk

**Pam Bonner**  
ResLife Coordinator -  
ResLifePVSV@ncl.ac.uk

## RECEPTION

The reception, located in Alwin block, will be your main point of contact throughout your stay. Our doors are open Monday to Friday, 08.30 – 17.45 and we can also be contacted by telephone and email from 08.00 – 18.00.

## GETTING IN TOUCH

See page 11 to find out where to go for various queries, including reception and emergency contacts.

# GETTING SET UP

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## CONNECTING TO WIFI

We know you can't wait to tell your mates about your new room; to get online, find the "Newcastle University" network and log in with your student ID and password (these would have been emailed to you).

Visit [www.tinyurl.com/yd9aszje](http://www.tinyurl.com/yd9aszje) if you come across any issues at all.



## PARCELS AND POST

Your post and small parcels will be delivered to the post boxes in your building entrance. Parcels that do not fit in the letterbox or need signing for will be delivered to reception (within opening hours). Please note, reception will not accept items that are too large/heavy for one person to handle. If we do receive a parcel for you, we will send you an email to let you know when it is ready to collect.



## KEYS AND LOCKOUTS

You are now in possession of your very own room key/card; keep it safe! If you accidentally lock yourself out of your room/flat, contact reception during opening hours or the Security Team outside of these hours.



## SECURITY

The Security Team are available 24/7; if you come across an emergency or need help urgently, give them a call at 0191 208 6817 or use the Help Points located at the entrance to each building. You might also find it useful to download the SafeZone app (Google Play/App store) which lets you quickly request assistance.



## CLEANING

We keep the shared spaces (e.g. corridors and exterior areas) outside of your flat tidy, but it's up to you to take care of cleaning within your flat and bedroom, including regularly taking out rubbish.

You might find it useful to agree on a cleaning rota with your flatmates in the first few days you're here!



## REPAIRS

We work hard to make sure everything is in top shape, but if something doesn't quite seem to work, let us know via the 'Newcastle University Accommodation' app, through a digital repair form at [www.ncl.ac.uk/accommodation/current-students/repairs](http://www.ncl.ac.uk/accommodation/current-students/repairs) or via reception (email, phone or in person). For urgent issues outside of reception hours, contact the Security Team.

# FACILITIES

Once you've said your goodbyes, it'll be time to explore and figure out what's where. Don't worry, you'll soon know Park View like the back of your own hand!



## LAUNDRY

The laundry rooms are located on the ground floor of the Alwin and Irthing blocks. The first time you use the laundry machines, you will need to register with Circuit Laundry; visit [www.circuit.co.uk](http://www.circuit.co.uk) to find out more.



## SOCIAL AREA

The common room is located on the ground floor of the Irthing block, and includes spaces for studying (including PCs) and socialising (including a TV room with beanbags). Feel free to pop down with your own games console for a round of Mario Kart!



## DINING IN CASTLE LEAZES

If cooking isn't your thing, take advantage of the nearby Castle Leazes dining hall which serves breakfasts and dinners Monday-Friday. Pay as you go as well as termly/yearly packages are available to help you save money! Visit [www.ncl.ac.uk/catering/residential-catering](http://www.ncl.ac.uk/catering/residential-catering) for more info, including sample menus.



## PARKING

We are currently only able to offer accessible parking on site. Our parking webpages will be kept up to date with any changes [www.ncl.ac.uk/accommodation/current-students/parkingandtravel/car-parking/](http://www.ncl.ac.uk/accommodation/current-students/parkingandtravel/car-parking/)



## BINS AND RECYCLING

Taking your rubbish out daily helps prevent over spilling and funny smells!

To live a little more sustainably, please recycle your rubbish (e.g. paper/cardboard/cans/plastics) using the bins provided in your flat. To remove waste from your flat, place it in the communal bins located outside of your block.



## VENDING MACHINES

If you feel peckish, grab a snack or a cold drink from one of the vending machines located in the common room and laundry rooms.

# WHAT'S AROUND?



## SUPERMARKETS

- 1 Londis - Morpeth Street, NE2 4AS
- 2 Hunters Moor Convenience Store - Belle Grove West, NE2 4LU
- 3 Iceland Foods - Stanhope Street, NE4 5JT
- 4 Co-Op - NUSU building, NE1 8QB



## GP

Make sure to register with a GP in Newcastle to have access to medical advice when you need it! Visit our Student Health and Wellbeing pages at [www.ncl.ac.uk/wellbeing](http://www.ncl.ac.uk/wellbeing) to find out more.



## CAMPUS CAFÉS

- 5 Castle Leazes Dining Hall - Castle Leazes, first floor, central area
- 6 Bites café - Medical School, Lover's Lane, NE2 4HH



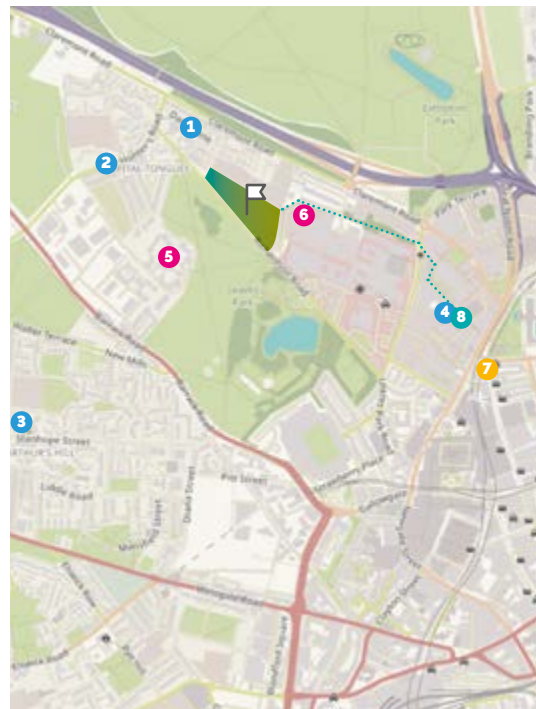
## METRO

- 7 The nearest metro station is Haymarket, approx 0.8 mile away.



## QUICKEST ROUTE TO CAMPUS (NUSU BUILDING)

- 8 ..... Approximately 15 minutes' walk (0.6 miles).



# APPLIANCES 101



## LAUNDRY

The laundry machines are operated by Circuit, who have all the key info on getting started at [www.circuit.co.uk](http://www.circuit.co.uk).



## HOB/MICROWAVE/OVEN/KETTLE

All our hobs are electric, and you don't need to use special pots/pans for them. Make sure to keep an eye on your cooking – leaving the room for a few minutes can result in a fire!

If in doubt about the functions of your appliances, ask a staff member for help. Appliance instructions can also often be found online when searching for the model you use.



## HEATING

Heating is automatic, and will come on between 7am and 12am (midnight) if the temperature outside is low enough. If you're feeling toasty, you can switch heating off in your individual room.



## TV

The shared TV is yours to use.

We provide a licence for live TV watched on the shared TV set, but you will need a personal one if you want to watch live channels on your personal devices.



## SOCKETS

If you're joining us from abroad, make sure to use a good quality adapter for your electronics. Remember, sockets in the UK operate on a 230 volt system!

Try not to overload the sockets, and if you smell burning or see sparks, turn off and unplug the item right away!



## CLEANING

To make life easier for everyone, try to give cooking appliances a wipe when you're done using them. It makes maintaining them easier, and helps to prevent unwanted smoke alarm activations.

# A TYPICAL RESLIFE WEEK



Hi! My name is Pam and I am the ResLife Coordinator (RLC) for Park View and Marris House residents in the Park View Student Village (PVSV).

PVSV is really easy to navigate, and you'll find me and the rest of the ResLife team at reception on the ground floor of the Alwin building.

So what is ResLife? In short, we're here to help you settle in, **build a community** and make your stay the **best** it can be. ResLife run **weekly events** across the Student Villages, as well as **seasonal activities** throughout the year. These will include events during the Welcome Weeks, Halloween, Christmas, and events to celebrate the end of your first year. ResLife offers a blended approach to our schedule of events with some present-in-person, and other activities being offered remotely. So something for everyone!

ResLife also offers **peer support**, as well as **education and advice** through 'Hacks' with our RLCs and ResLife Student Assistants (RSAs). RSAs will run sessions every evening and during the weekends offering Rant/Vent/Study sessions, Connect sessions for support and information, and a huge range of events; additionally, you can find me at our ResLife Connect chat and support sessions on a weekly basis. If you're in need of support, please feel free to **contact me** so I can arrange an appointment for you.

By the way, each student village has its own colour identifier, and at team PVSV we are **all things green**, so it will be easy to spot your neighbours when you are out and about on campus.

So welcome to Park View Student Village and Marris House! Please do not hesitate to contact us with any accommodation or university-related questions you may have!

## WHAT DOES IT ALL MEAN?

**RLC** – ResLife Coordinator

**RSA** – ResLife Student Assistant

**ResLife Connect** – a chat with your RLC for information and support

**RSA Connect** – a place to chat peer-to-peer with your RSAs

**ResLife Hacks** – sessions to support your induction and transition into university life and independent living

**1-2-1** – you can also book time with your RLC around your studies and schedule





Throughout the year ResLife will be organising a range of events; with a blended approach offering present-in-person activities to meet your RSAs and make new friends, as well as remotely for more central events.

We'll have something for everyone from bingo to arts and crafts, cook-a-longs to ResLife Gogglebox, Rant/vent/study to ResLife Dance, quiz nights to culture club, movie nights to gaming tournaments, as well as our Glee club, drama workshops for the National Theatre Connections, and a curriculum of sessions on topics including independent living and getting to know your neighbours and the wider community. We even run 'Find a Flatmate' to help you find people to share accommodation with in your second year!

And if you ever fancy a chat or have a question, pop along to see your ResLife Coordinator!

Visit [www.ncl.ac.uk/accommodation/currentstudents/reslife/pvsv](http://www.ncl.ac.uk/accommodation/currentstudents/reslife/pvsv) to find out more about activities happening in your village, and keep an eye out for our regular event schedule emails and newsletters in the ResLife Canvas Module.



ResLife Newcastle University



@ReslifeU



pvreslife\_ncl

# WELCOME WEEK

## WELCOME WEEK

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>10:00-11:00</b>	ResLife Connect with you RLC			ResLife Connect with your RLC	ResLife Connect with your RLC			
<b>11:00-12:00</b>								
<b>12:00-13:00</b>					Email reminder of your weekend events	Your RSA's offer: RSA Connect and ResLife events		
<b>13:00-14:00</b>	Canvas Announcement and weekly updates		Weekly sessions that include: ResLife Hacks, Re-Think, Find a Flatmate		ResLife Hacks'			
<b>14:00-15:00</b>							(Can be subject to change)	Your RSA's offer: RSA Connect and ResLife events
<b>15:00-16:00</b>					ResLife Hacks'			
<b>16:00-17:00</b>	ResLife Hacks							
<b>17:00-18:00</b>							(Can be subject to change)	
<b>18:00-19:00</b>	Your RSA's offer: Rant/Vent/Study	Your RSA's offer: RSA Connect and ResLife event	Your RSA's offer: RSA Connect, ResLife event and ResLife Hacks	Your RSA's offer: RSA Connect and ResLife event	Your RSA's offer: RSA Connect, ResLife event and ResLife Hacks			
<b>19:00-20:00</b>	Your RSA's offer: RSA Connect and ResLife event							
<b>20:00-21:00</b>								

Please note: Visit your ResLife Canvas Module to find out what's on during your welcome weeks, and for your weekly schedule. Check your emails on a Friday for your weekend reminders. Weekend timings may be subject to change

# I NEED A CHAT! – KEY CONTACTS



## RECEPTION

There are three main ways to contact your reception team. You can pop into reception during opening hours, you can contact us via email on [park.view@ncl.ac.uk](mailto:park.view@ncl.ac.uk) or call us on **0191 208 8445**. If you are calling in to see us in person, please follow the safety guidelines in place.



## EMERGENCY

When the life or health of you or someone you know is in danger, always **call 999**. It might be useful to save this as a contact under "emergency" in case you forget the number!



## SECURITY

If you see something suspicious or feel in any way unsafe whilst on campus, call the Security Team on **0191 208 6817**, or use the **SafeZone app** to quickly request help.



## FINANCIAL ISSUES

Speak to our friendly Accommodation Finance team about any financial questions or worries via email at [Accommodation.Finance@ncl.ac.uk](mailto:Accommodation.Finance@ncl.ac.uk).



## ROOM TRANSFERS/CONTRACT QUERIES

The Allocations Team is here to help with the above – simply email us at [Allocations-Enquiries@ncl.ac.uk](mailto:Allocations-Enquiries@ncl.ac.uk) and we'll get back to you as soon as we can.



## STUDENT HEALTH AND WELLBEING TEAM

If you want to chat with someone about your (or a friend's) wellbeing and health, you can contact our Mental Health Team at [WellbeingConsultancy@ncl.ac.uk](mailto:WellbeingConsultancy@ncl.ac.uk), and the Disability Team at [DisabilityAdvisor@ncl.ac.uk](mailto:DisabilityAdvisor@ncl.ac.uk).

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