

# In an emergency...

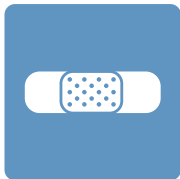


## In a life-threatening emergency:

Always call **999** if someone is **seriously ill** or **injured**, or their **life is at risk**.

Example of medical emergencies could include (but are not limited to):

- chest pain
- difficulty breathing
- unconsciousness
- severe loss of blood
- fitting or concussion
- severe allergic reaction



## When it's not an emergency:

When it's **not a life-threatening emergency**, consider other options before calling 999.

If you're unwell, unsure or confused, use the non-emergency 24/7 number **111** where you can be given advice and guidance. Example of non-emergency injuries include:

- cuts
- strains
- itches
- sprains

You can also seek help at:

Your **local GP** for things things like:

- vomiting
- ear pain
- back ache

The **local Pharmacy** for:

- diarrhoea
- runny nose
- headache
- painful cough

## Your local emergency room is:

**Accident & Emergency (A&E)**

The Royal Victoria Infirmery (RVI)

Queen Victoria Road

New Victoria Wing

Newcastle upon Tyne

NE1 4LP

## Your local walk-in centre is:

**Newcastle General Hospital**

Westgate Road

Newcastle upon Tyne

NE4 6BE

Tel: 0191 233 6161 or

**Minor Injuries Unit**

The Royal Victoria Infirmery (RVI)

Queen Victoria Road, Newcastle

Tel: 0191 282 0531

