WELCOME HOME

THIS IS YOUR PARK VIEW GUIDE

ncl.ac.uk/accommodation
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WELCOME TO PARK VIEW!

Your new adventure starts here, and this booklet will give you all the information you need to feel at home as soon as possible.

**YOUR TEAM**
You will be looked after by a friendly team who are here to make your stay memorable, exciting and safe (but by no means boring!).

The **Residences Team** make sure that everything is working smoothly and carry out necessary repairs. The friendly faces you see at reception are part of the **Customer Services Team** who handle your queries on a daily basis.

The **Allocations Team**, based in King’s Gate level 2, can answer any queries about your tenancy or finances that you may have.

Finally, the **ResLife (Residences Life) Team** is here to keep the fun going, with events, competitions, and educational sessions designed to help you make friends and learn how to live on your own.

These teams at your residence are led by:

- **Adele Patterson**
  Residence Team Leader

- **Robbie Carruthers**
  Customer Services Team Leader - Park.View@ncl.ac.uk

- **Pam Bonner**
  ResLife Coordinator - ResLifePVSV@ncl.ac.uk

**RECEPTION**
The reception, located in Alwin block, will be your main point of contact throughout your stay. Our doors are open Monday to Friday, 08.30 – 17.45 and we can also be contacted by telephone and email from 08.00 – 18.00.

**GETTING IN TOUCH**
See page 11 to find out where to go for various queries, including reception and emergency contacts.
GETTING SET UP

CONNECTING TO WIFI
We know you can’t wait to tell your mates about your new room; to get online, find the "Newcastle University" network and log in with your student ID and password (you will have already set up your password when you set up your University IT account). Visit www.tinyurl.com/yz9asjze if you come across any issues at all. For device specific information please visit the Campus Wireless Service (legacy) section.

PARCELS AND POST
Your post and small parcels will be delivered to the post boxes in your building entrance. Parcels that do not fit in the letterbox or need signing for will be delivered to reception (within opening hours). Please note, reception will not accept items that are too large/heavy for one person to handle. If we do receive a parcel for you, we will send you an email to let you know when it is ready to collect. Please be aware we cannot accept deliveries of food or perishable items. www.ncl.ac.uk/accommodation/current-students/postandparcels/

KEYS AND LOCKOUTS
You are now in possession of your very own room key/card; keep it safe! If you accidentally lock yourself out of your room/flat, contact reception during opening hours or the Security Team outside of these hours.

SECURITY
The Security Team are available 24/7; if you come across an emergency or need help urgently, give them a call at 0191 208 6817 or use the Help Points located at the entrance to each building. You might also find it useful to download the SafeZone app (Google Play/App store) which lets you quickly request assistance.

CLEANING
We keep the shared spaces (e.g. corridors and exterior areas) outside of your flat tidy, but it’s up to you to take care of cleaning within your flat and bedroom, including regularly taking out rubbish.

You might find it useful to agree on a cleaning rota with your flatmates in the first few days you’re here!
Once you’ve said your goodbyes, it’ll be time to explore and figure out what’s where. Don’t worry, you’ll soon know Park View like the back of your own hand!

**LAUNDRY**
The laundry rooms are located on the ground floor of the Alwin and Irthing blocks. The first time you use the laundry machines, you will need to register with Circuit Laundry; visit [www.circuit.co.uk](http://www.circuit.co.uk) to find out more.

**SOCIAL AREA**
The common room is located on the ground floor of the Irthing block, and includes spaces for studying (including PCs) and socialising (including a TV room with beanbags). Feel free to pop down with your own games console for a round of Mario Kart!

**STUDENT MEAL PACKAGES**
For further information on student meal packages offered by Catering please visit their [website](http://www.ncl.ac.uk/accommodation/current-students/parkingandtravel/car-parking/).

**PARKING**
Newcastle is a small city where public transport, walking and cycling routes are readily available so we recommend that you leave your car at home. Limited chargeable car parking is available at Castle Leazes, along with a limited number of spaces at Bowsden Court which are available on a first come first served basis. Please visit [www.ncl.ac.uk/accommodation/current-students/parkingandtravel/car-parking/](http://www.ncl.ac.uk/accommodation/current-students/parkingandtravel/car-parking/)

**BINS AND RECYCLING**
Taking your rubbish out daily helps prevent over spilling and funny smells!

To live a little more sustainably, please recycle your rubbish (e.g. paper/cardboard/cans/plastics) using the bins provided in your flat. To remove waste from your flat, place it in the correct recycling and general waste bins located outside of your block.

**VENDING MACHINES**
If you feel peckish, grab a snack or a cold drink from one of the vending machines located in the common room and laundry rooms.
WHAT’S AROUND?

SUPERMARKETS
1 Londis - Morpeth Street, NE2 4AS
2 Hunters Moor Convenience Store - Belle Grove West, NE2 4LU
3 Iceland Foods - Stanhope Street, NE4 5JT
4 Co-Op – NUSU building, NE1 8QB

GP
Make sure to register with a GP in Newcastle to have access to medical advice when you need it! Visit the University’s Student Health and Wellbeing web pages to find out more.

CAMPUS CAFÉS
1 Castle Leazes Dining Hall - Castle Leazes, first floor, central area
2 Bites café - Medical School, Lover’s Lane, NE2 4HH

METRO
7 The nearest metro station is Haymarket, approx 0.8 mile away.

QUICKEST ROUTE TO CAMPUS (NUSU BUILDING)
Approximately 11 minutes’ walk (0.6 miles).
APPLIANCE 101

HOBS/MICROWAVE/OVEN/KETTLE
All our hobs are electric, and you don’t need to use special pots/pans for them. Make sure to keep an eye on your cooking – leaving the room for a few minutes can result in a fire!

If in doubt about the functions of your appliances, ask a staff member for help. Appliance instructions can also often be found online when searching for the model you use.

CLEANING
To make life easier for everyone, try to give cooking appliances a wipe when you’re done using them. It makes maintaining them easier, and helps to prevent unwanted smoke alarm activations.

HEATING
Heating is automatic, and will come on between 7am and 12am (midnight) if the temperature outside is low enough. If you’re feeling toasty, you can switch heating off in your individual room.

TV
The shared TV is yours to use.
We provide a licence for shared TVs. However, you will need your own licence if you want to watch live channels on your personal devices.

SOCKETS AND ELECTRICITY
Electricity in your room will only work when your key card is placed in the Energy Saving Device Holder just inside your door. One marked socket in your room will work at all times without a key card should you need to leave a device plugged in when you are out.

If you’re joining us from abroad, make sure to use a good quality adapter for your electronics. Remember, sockets in the UK operate on a 230 volt system!

Try not to overload the sockets, and if you smell burning or see sparks, turn off and unplug the item right away!
Hi! My name is Pam and I am the ResLife Coordinator (RLC) for Park View and Marris House residents in the Park View Student Village (PVSV).

PVSV is really easy to navigate, and you’ll find me and the rest of the ResLife team at reception on the ground floor of the Alwin building.

ResLife is here to support you and ensure you get everything you need throughout your stay in our accommodation. We will be there to signpost you when you need help, be a listening ear, and organise events and activities to make sure your time with us is as enjoyable as possible. We will make sure you are kept up to date with our upcoming events and activities so you can factor in some fun in between your studies. We will be leading a fantastic team of ResLife Student Assistants (RSAs) and together we will deliver a programme of support and lively events to enhance your first year at Newcastle University.

ResLife also offers peer support, as well as education and advice through 'Hacks' with our RLCs and ResLife Student Assistants (RSAs). RSAs will run sessions every evening and during the weekends; additionally, you can find me at our ResLife Connect chat and support sessions on a weekly basis. If you’re in need of support, please feel free to contact me so I can arrange an appointment for you.

By the way, you can tell the student villages apart by their theme colour, and here at Park View we are green!

See you all very soon, and please do not hesitate to contact us with any accommodation or university-related questions you may have!
Throughout the year ResLife will be organising a range of events and we have something for everyone from quiz nights to culture club, movie nights to gaming tournaments, as well as our Glee club, bingo nights, JackBox games night, arts and crafts, and a curriculum of sessions on topics including independent living and getting to know your neighbours and the wider community.

And if you ever fancy a chat or have a question, pop along to see your ResLife Coordinator!

Visit Park View Student Village - Accommodation - Newcastle University (ncl.ac.uk) to find out more about activities happening in your village, and keep an eye out for our regular event schedule emails and newsletter.

We also have a ResLife module on Canvas with weekly announcements on events, competitions, and giveaways. As well as a range of useful top tips and information videos on independent living – check it out!
# A Typical ResLife Week

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<td>ResLife 'Hacks'</td>
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<td>14:00-15:00</td>
<td>1-2-1 Support Meetings</td>
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<td>15:00-16:00</td>
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<td>Re-Think sessions</td>
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<td>ResLife 'Hacks'</td>
<td>RSA Drop-in Activities</td>
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<tr>
<td>16:00-17:00</td>
<td>ResLife 'Hacks'</td>
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<td>RSA Drop-in Activities</td>
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Please note: Visit your ResLife Canvas Module to find out what’s on during your welcome weeks, and for your weekly schedule. Check your emails on a Friday for your weekend reminders. Weekend timings may be subject to change.
I NEED A CHAT! – KEY CONTACTS

**RECEPTION**
There are three main ways to contact your reception team. You can pop into reception during opening hours, you can contact us via email on [park.view@ncl.ac.uk](mailto:park.view@ncl.ac.uk) or call us on 0191 208 8445.

**EMERGENCY**
When the life or health of you or someone you know is in danger, always call 999. It might be useful to save this as a contact under “emergency” in case you forget the number!

**SECURITY**
If you see something suspicious or feel in any way unsafe whilst on campus, call the Security Team on 0191 208 6817, or use the SafeZone app to quickly request help.

**FINANCIAL ISSUES**
Speak to our friendly Accommodation Finance team about any financial questions or worries via email at [Accommodation.Finance@ncl.ac.uk](mailto:Accommodation.Finance@ncl.ac.uk).

**ROOM TRANSFERS/CONTRACT QUERIES**
The Allocations Team is here to help with the above – simply email us at [Allocations-Enquiries@ncl.ac.uk](mailto:Allocations-Enquiries@ncl.ac.uk) and we’ll get back to you as soon as we can.

**STUDENT HEALTH AND WELLBEING TEAM**
If you want to chat with someone about your (or a friend’s) wellbeing and health, you can contact our Mental Health Team at [WellbeingConsultancy@ncl.ac.uk](mailto:WellbeingConsultancy@ncl.ac.uk), and the Disability Team at [DisabilityAdvisor@ncl.ac.uk](mailto:DisabilityAdvisor@ncl.ac.uk).