eat@INTO

MENU

Week 1, commencing: 23.09; 28.10; 2.12

Monday
Savoury mince & dumplings served with vegetables and potatoes
V Quorn sausage casserole served with Yorkshire pudding vegetables & potatoes
extras: chips • noodles

Tuesday
Mexican orange chilli chicken served with spiced wedges, corn cobb & salad garnish
V Vegetable chilli served with rice, spiced wedges & salad garnish
extras: chips • noodles

Wednesday
Chinese noodle bowl served with sides
V Vegetarian Chinese noodle bowl served with sides
extras: chips • noodles

Thursday
Minced beef & vegetable pie served with vegetables and potatoes
V 5 bean chilli enchilada served with wedges, corn cobb & salad garnish
extras: chips • noodles

Friday
Battered fish served with chips, mushy peas & tartar sauce
V Chickpea tagine served with vegetable rice & warm rosemary focaccia bread
extras: chips • noodles

V = vegetarian