Please note that the menu may be subject to change and as a result differ slightly from advertised.
Monday (meat free)

**soup**

soup of the day (v)

**mains**
(all served with a selection of seasonal vegetables and potatoes)

no meat balls (v)
quorn meatballs cooked in a tomato ragu served with pasta

mushroom stroganoff (v)
mushrooms cooked in a rich paprika and cream sauce served with rice

cheese, tomato and pepper pizza (v)
a fresh pizza base with a tomato base sauce topped with cheddar, mozzarella and mixed peppers

baked jacket potato (v)
served with various fillings

**extras**

salad special
check the board for today’s cold options or create your own

selection of desserts
including yoghurts, fresh fruits and cold desserts
Tuesday

**soup**

soup of the day (v)

**mains**

(all served with a selection of seasonal vegetables and potatoes)

**mince and dumplings**

minced beef slow cooked with vegetables in a rich gravy, topped with a fluffy dumpling

**duo of fishcakes**

two lightly crumbed fishcakes served with lemon and tartare sauce

**chinese spiced jackfruit (v)**

crispy coated jackfruit served in a chicory boat with a sticky asian spiced sauce and a crunchy asian-style salad

**baked jacket potato (v)**

served with various fillings

**extras**

**salad special**

check the board for today’s cold options or create your own

**selection of desserts**

including yoghurts, fresh fruits and cold desserts
Wednesday

soup

soup of the day (v)

mains

(all served with a selection of seasonal vegetables and potatoes)

beef stroganoff
slow cooked beef in a rich smoky paprika and cream sauce served with rice

turkey, chorizo and chickpea casserole
diced turkey and spicy chorizo cooked in a tomato sauce with chickpeas and served with fresh focaccia bread

aubergine and chickpea curry (v)
aubergines, spinach and chickpeas cooked in a fruity and spicy curry sauce served, with rice

baked jacket potato (v)
served with various fillings

extras

salad special
check the board for today’s cold options or create your own

selection of desserts
including yoghurts, fresh fruits and cold desserts
Thursday

soup

soup of the day (v)

mains

(all served with a selection of seasonal vegetables and potatoes)

caribbean pork
pork loin steak oven baked in a spicy and sweet sauce

cheeseburger
quarter pound beef burger served in a seeded bun with cheddar and dressings

veggie lasagne (v)
mixed vegetables cooked in a tomato ragu layered between pasta sheets, topped with a béchamel sauce and oven-baked with cheese

baked jacket potato (v)
served with various fillings

extras

salad special
check the board for today’s cold options or create your own

selection of desserts
including yoghurts, fresh fruits and cold desserts
Friday

soup

soup of the day (v)

mains

(all served with a selection of seasonal vegetables and potatoes)

battered fish
oven-baked battered fish served with tartare sauce and lemon

chicken jambalaya
diced chicken and fiery sausage cooked in a light stock with rice, vegetables and spices

sweet and sour tofu (v)
a stir fry of mixed vegetables and crispy tofu bound in a sweet and sour sauce, served with rice

baked jacket potato (v)
served with various fillings

extras

salad special
check the board for today’s cold options or create your own

selection of desserts
including yoghurts, fresh fruits and cold desserts