

Week Three

Monday

Tomato soup

Vegetable & bean
taco (V+)

Veggie hot dog
(V+)

Singapore vegetable
curry (V+)

Peas

Sliced carrots

Wedges

Tuesday

Thai noodle broth

Mince & dumplings

Asian style pork

Vegetable chilli (V+)
(GF)

Broccoli

Sweetcorn

Chips

Wednesday

Minestrone soup

Beef lasagne

Caprese chicken

Macaroni cheese (V+)

Mixed vegetables

Roast potatoes

Thursday

Broth

Cheeseburger

Cajun chicken

Mushroom stroganoff
(V+)(GF)

Sweetcorn/peas

Beans

Wedges

Friday

Vegetable soup

Breaded fish

Thai green
chicken curry

Beetroot
falafel wrap

(V+)(GF)

Mushy peas

Carrots

Chips

(V+) Vegan
(GF) Gluten free