

Public Engagement MRC Festival of Science event 2016 'Fit as a Falcon' involved conveying science in simple ways to just over 100 primary school children. We designed activities within the four main themes of our Ageing Research Centre including inflammation, exercise, nutrition and ageing. Our activity specifically was within the nutrition theme and included DNA extraction of strawberries and bananas and handcrafting fruit-vegetable faces. The event was recorded for posterity:

<https://www.youtube.com/watch?v=TPGTWs7xw20>