Clothes:

- Clothes that you can easily move around in for activities
- Comfortable shoes (preferably flat) – you will be doing a lot of walking
- Warm sleepwear
- Underwear and socks
- Warm coat

Other items:

- Pillow
- Sleeping bag/Duvet
- Towel
- Torch
- Flannel
- Any medication that you need
- Toiletries (please note, shower facilities will only be available to students with special requirements)
- Comb/Hairbrush
- Glasses/contact lenses/solutions (if required)
- Small amount of money for snacks
- Travel ticket (including return ticket) if you are arranging your own travel
- Small bag to carry things in during the day

Please do not bring:

- Expensive jewellery or other items
- Electrical equipment
- Large amounts of money
- Any other items of high value