Pre-16 Activities

Our range of online outreach activities for students in Years 9-11
Welcome to our Pre-16 Activities Brochure for 2020-21

We have developed this suite of online activities for Pre-16 students (Years 9-11) to help them explore and understand the choices available to them.

Ranging from talks and presentations to help students improve their decision-making skills and employability awareness, to sessions exploring the journey to university, all activities are fun and interactive with themes such as Celebrity UCAS, Budgeting Bonanza and goal setting. There's also downloadable resources to support learning too.

Our activities are all pre-recorded, meaning that you can deliver them in school whilst you are unable to visit us on campus. All the activities have been designed to support key outcomes linked to Gatsby Benchmarks, PSHE Associations and the National Curriculum.

Activities can be booked as a standalone, or grouped together to make longer, more in-depth sessions. They are flexible to fit around your lesson length.

Although the content is pre-recorded, our team will be available online to provide any technical support, if necessary.

Please note: content in the activities is valid from November 2020 to July 2021 only.

To book an activity, please visit our website: www.ncl.ac.uk/schools

For any enquiries, email us: outreach@ncl.ac.uk
# Year 9 Activities

- These sessions have been designed for students in Year 9.
- They can be booked to take place at any point during the academic year to fit in with your school timetable. Activities can be booked individually or as a combination of activities for a more in-depth session.
- After booking, the necessary resources will be sent to you in advance of your chosen date.

<table>
<thead>
<tr>
<th>Title</th>
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<th>CDIF</th>
<th>LO</th>
<th>NC</th>
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| Investigate Your Future: Introduction | This short introductory video summarises the options students have going into GCSE study and beyond. It outlines the differences between A-Levels and BTEC qualifications, highlights apprenticeships and explains where university study fits in. | • 4 minute pre-recorded video  
• Total time required: 4 minutes | 4 | 14, 15 | 2 | Spiritual |
| Investigate Your Future: Instaplan Your Future* | This activity encourages students to reflect on their skills and attributes in order to create a social media profile to sell themselves. It helps to identify their strengths, where their interests lie and who inspires them! | • 2 minute pre-recorded video  
• Worksheet  
• Total time required: approx 20 minutes | 5 | 1, 15 | 2, 3 | Spiritual |
| Investigate Your Future: Play Out Your Future* | This session allows students to find out more about their personality type before embarking on an interactive life choices activity that requires them to make important decisions based around education and career paths to reach their end goal.  
*NB. Students will need individual access to a computer/tablet and the internet for this activity. | • 4 minute pre-recorded video  
- Investigate Your Future: Introduction  
• 2 minute pre-recorded video  
• Worksheet  
• Total time required: approx 40 minutes | 2, 4, 7, 8 | 1, 4, 7, 10, 14, 15 | 1, 2, 3, 5 | Spiritual |
| Student Fortunes** | What's the best thing about university? Which are the most popular subjects? Where do students spend their time? Students will work in teams to compete for points (prizes are optional!) as they find out what our survey said! | • 24 minute pre-recorded video  
• Worksheet  
• Total time required: approx 30 minutes | 7 | 10, 14, 15 | 1, 2, 4 | Literacy  
Social  
Spiritual |
| Year 9 Goal Setting | This session will allow your students to start thinking about the future, whether that’s further study, an apprenticeship or their dream career path, and allows them to start setting some achievable goals for themselves. This is suitable as a standalone activity or a great follow-on exercise to any of the other Year 9 activities above. | • 3 minute pre-recorded video  
• Worksheet  
• Total time required: approx 25 minutes | 4, 7 | 1, 2, 3, 10, 11, 12, 14, 15, 17 | 2, 3 | Literacy  
Spiritual |

*Please note, if your school attended our Year 8 Investigate Your Future on-campus event in February 2020, some of your students may have completed this activity.

** This activity is also suitable for students in Year 10.

These sessions have been designed for students in Year 9. They can be booked to take place at any point during the academic year to fit in with your school timetable. Activities can be booked individually or as a combination of activities for a more in-depth session.

After booking, the necessary resources will be sent to you in advance of your chosen date.
## Year 10 Activities

- These sessions have been designed for students in Year 10.
- They can be booked to take place at any point during the academic year to fit in with your school timetable. Activities can be booked individually or as a combination of activities for a more in-depth session.
- After booking, the necessary resources will be sent to you in advance of your chosen date.

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| **Assessing Your Skills**     | A series of activities that help students reflect on their current skills and how they can help them make future choices. | • 6 minute pre-recorded introduction and part one video  
• 3 minute pre-recorded part two video  
• 1 minute pre-recorded video  
• Worksheet  
• Total time required: approx 30-50 minutes* | 4, 7 | 1, 2, 3, 11, 15, 16 | 3, 5, 6 | Literacy Spiritual |
| **Budgeting Bonanza**         | This is a fun, interactive game where students are gifted a fictional £2,000 to spend during their first year of study. Navigating realistic scenarios and managing their own money, will students be left with cash to flash at the end of the year, or will they be eating beans on toast and raiding the penny jar? | • 7 minute pre-recorded introduction video  
• 3 x term tasks (approx 5-15 minutes each)  
• Worksheet  
• Total time required: approx 25-50 minutes** | 7 | 1, 2, 13, 15 | 4 | Literacy Numeracy |
| **Student Fortunes***         | What's the best thing about university? Which are the most popular subjects? Where do students spend their time? Students will compete for points (prizes are optional!) as they find out what our survey said! | • 24 minute pre-recorded video  
• Worksheet  
• Total time required: approx 30 minutes | 7 | 10, 14, 15 | 1, 2, 4 | Literacy Social Spiritual |
| **Year 10 Goal Setting**      | This session allows your students to plan out their future and identify where they see themselves in three years, five years and 10 years’ time. This is suitable as a standalone activity or a great follow-on exercise to any of the other Year 10 activities. | • 2 minute pre-recorded video  
• Worksheet  
• Total time required: approx 25 minutes | 4, 7 | 1, 2, 3, 10, 11, 12, 14, 15, 17 | 2, 3 | Cultural Spiritual |

* For shorter session times, the introduction, part one and evaluation can be completed (30 minutes).
** For shorter session times, your students could complete the introduction, term 1 activity, and evaluation (25 minutes); or introduction, term 1 activity, term 2 activity, and evaluation (30 minutes).
*** This activity is also suitable for students in Year 9.
# Year 11 Activities

- These sessions have been designed for students in Year 11.
- They can be booked to take place at any point during the academic year to fit in with your school timetable. Activities can be booked individually or as a combination of activities for a more in-depth session.
- After booking, the necessary resources will be sent to you in advance of your chosen date.

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| Celebrity UCAS      | In this session, we introduce personal statements and the university application process. Celebrity UCAS is an interactive activity that will test your students' creativity and wit when it comes to writing personal statements. | • 20 minute pre-recorded video  
• Worksheet  
• Total time required: approx 45 minutes | 7                  | 1, 3, 4, 10, 11, 12, 15, 16 | 2, 5 | Literacy, Spiritual |
| Year 11 Goal Setting| In this reflective activity, we introduce SMART goal setting as we get your students to think about where they might want to be and what they want to achieve after their upcoming GCSE exams. This is suitable as a standalone activity or a great follow-on exercise to any of the other Year 11 activities. | • 3 minute pre-recorded video  
• Worksheet  
• Total time required: approx 25 minutes | 4, 7                | 1, 2, 3, 10, 11, 12, 14, 15, 17 | 2, 3 | Cultural, Spiritual |

Further activities will be added soon!
Contact Us

✉️ outreach@ncl.ac.uk

If you have any questions, please contact us on the above email address.

Bookings can be made via our website: www.ncl.ac.uk/schools