Welcome
Welcome to the final week of Newcastle University’s Summer Programme. This week is all about Study Skills. We’re looking at your return to sixth form or college, the differences between studying at school and university and how we can support your EPQ.

- Returning to Sixth Form or College
  It's safe to say that last academic year didn't go as anyone had expected. You might have mixed feelings about returning to sixth form or college and that's completely valid. We'd recommend reading these articles from Young Minds:
  - Coping with anxiety about returning to school
  - Self-care tips for the new academic year
  - Coronavirus and Mental Health

They also have guidance on where you can access mental health support on their website: www.youngminds.org.uk/

- School vs Uni: What’s the Difference?
  This useful video outlines the key differences between studying at school and university. The transition to studying at a university level can seem like a big step so it's useful to know what to expect before you start.

- Study Skills for Sixth Form
  Our library team have put together a programme of activities to develop some of the skills you will need to succeed in your sixth form and university studies.

- EPQ Resources
  If you’re doing the EPQ, you can visit our library website to access free, scholarly articles to use in your research. Watch the video tutorial and visit our library website for more information.

- Ask us your Questions
  As always, if you've got any questions for our staff or current students, you can get in touch online through Unibuddy. You can search by subject if you’d like to speak to someone about a particular course.

Thank you for taking part in our Summer Programme, we hope that you found it useful and informative- the resources will be available to view on our website. We wish you every success with the next steps in your journey to university.