

Climate Conscious Travel:



Why?

Newcastle University is committed to reducing its carbon footprint.

One of the most significant actions we can take is by considering the way which we travel and limiting the number of flights we take.

Carbon calculators can help you understand the impact of your journey and help you to choose a more climate conscious method of travel.

-The **Guardian's Carbon Calculator** tells you how much carbon your flight will emit

-**Ecopassenger** compares the environmental impact of different types of travel for your journey

Want to know more? Get in touch with the [Global Opportunities Team](#) for help on your journey.



2.5%

The contribution of aviation to global carbon emissions, set to **triple** by 2050

How?

Train: Eurostar to Paris, Lille, Brussels, Amsterdam and beyond. Youth fares, rail cards and passes can make this option more affordable.

Buses: an easy, affordable and convenient option, with overnight travel often available.

Ferry: from ports in England to France, Holland and Spain.

Travel better, travel slow!

With more comfort, countryside views, stops in the city centre, and even the chance to meet new friends on the way, bus and train travel offers a way to see and experience more. Make your journey part of your trip!

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Carbon Offsetting?

Carbon offsetting may play a role in the path towards carbon neutrality but remains a complex subject. Our first focus must be on making **real emissions cuts on our journey towards net-zero.**

Learn more about Newcastle University's work towards net-zero by 2030 and our Climate Action Plan and contact the sustainable campus team **here.**

A train to Grenoble would save
251.91 kg CO₂
in comparison to flying



Take off and landing use the most amount of fuel during a flight

Choosing to minimise short haul flights makes a huge environmental difference

Useful Resources:
<https://www.rome2rio.com/>
<https://raileurope.co.uk/en>
<https://www.seat61.com/>
<https://www.flixbus.co.uk/>
<https://www.interrail.eu/>
www.bahn.de/en

Interrail

A single train pass that allows you unlimited travel for a certain amount of travel days. You can either choose a country, or a global pass that covers 33 European countries for as little as 4 travel days in a month

Also available is the Youth Pass - travellers aged 12 to 27 can order a Youth Pass, saving 23% off standard Adult Pass prices



Other tips for living sustainably abroad



Make use of public transport: use the various public transport systems to get around in your new location! Many places offer a student pass or monthly ticket.



Make the most of bikes and scooters: these are available in most larger towns and cities now, and offer a cheaper way to travel. They are also a great way to explore a new city.



Try to make eco-conscious choices whilst travelling: avoid take-away cutlery and cups, choose souvenirs that you'll use again, and avoid fast fashion purely for the sake of the trip.



If you do have to fly: choose the most eco-friendly option you can, by avoiding split journeys and considering getting the train for parts of your journey to avoid internal flights. If you use your time abroad to travel more widely, consider ditching the plane and travelling slow- you never know who you may meet or what you might experience along the way!