Exchange Programmes in Newcastle
Welcome to Newcastle

Our affordable, student-friendly city is waiting to welcome you. Here are 10 reasons why our students consider Newcastle their second home…

1. Newcastle is a vibrant and lively city, rich in history and culture
2. Everything is within walking distance so you’re never far from what’s going on
3. World-class music, comedy, cinema, nightlife, food, shopping and sport are available right in the city centre
4. Newcastle has been rated 2nd in the UK for city life (Whatuni Student Choice Awards 2018)
5. Stunning countryside and World Heritage Sites are only a bus ride away and it’s just 25 minutes to the beach
6. Our city is welcoming, multicultural and safe
7. Newcastle is one of the most affordable cities in the UK
8. One in six people in Newcastle is a student, so you’ll be in good company
9. Along the River Tyne, you’ll find iconic bridges and international arts venues, restaurants and bars which form the Quayside
10. There are excellent rail transport links with other UK cities from the city centre

Rated the number 1 place in the world to visit
Rough Guides 2018
Getting here

Newcastle is well connected, with a train station, coach station, international airport and even a ferry terminal. So, wherever you live, we’re closer than you think!

By train

Newcastle’s train station is right in the city centre, so once you get off at Newcastle, you’re never far from home...

- Edinburgh 1 hour 30 minutes
- Manchester 2 hours 35 minutes
- London 2 hours 55 minutes
- Birmingham 2 hours 50 minutes

By plane

Loads of UK flights land at Newcastle Airport, which is a few miles outside the city. You can fly here in no time and hop on the Metro (Newcastle’s light rail system) for the 15-minute trip to the city centre.

- London 1 hour 15 minutes
- Bristol 1 hour 5 minutes

They say: We asked current students to rate the top 5 reasons you should choose Newcastle:

- legendary nightlife
- everything in walking distance
- affordability
- fun and friendly
- city-centre campus

We say: These are our top 5 reasons you should choose Newcastle:

- 93% overall satisfaction rate for international students at Newcastle (International Student Barometer, Autumn 2017)
- 10th in the British Universities and Colleges Sport League 2017–18
- multi-award-winning Careers and Library Services
- world-class learning environment
- joint 7th in the UK for overall student experience (Times Higher Education Student Experience Survey 2018)
Supporting our students

While your academic achievements are important to us, so is your personal wellbeing. We offer a wide range of services to support you at Newcastle.

Visa support and advice
Our Visa Team provides guidance on:
- student and student-dependant visas
- visa renewal
- immigration rules for working while a student
- working in the UK after graduating
- police registration
- Schengen Visas

Free English language support
Up to ten hours of free English language support is offered to international students who need to improve their English. Classes cover various aspects of academic English and are particularly aimed at students who have a good grasp of the English language but little experience of using it in an academic environment.

Personal tutor
When you arrive in Newcastle you will be assigned a personal tutor. Your tutor is your personal link to the University and is usually involved in the teaching of your degree programme. They can advise you in academic and non-academic matters.

Chaplaincy
Our University Chaplaincy brings together a team of chaplains who offer support and advice to students of all faiths and none. The Chaplaincy offers a meeting room, a Peace Room for individuals to use for quiet prayer and a library of books.

Student wellbeing
The Student Wellbeing Service provides information and advice on a wide range of issues including financial management and support for disabled students, students with a specific learning difficulty and students with a long-term mental health condition. We also offer short-term counselling and therapeutic support. For more information about the service, and to find out about healthcare for international students, visit www.ncl.ac.uk/wellbeing/internationalintegration/#welcome

Student Advice Centre
A Students’ Union service, this team of professional advisers provides information, advice, assistance and representation on a wide range of topics including academic, disciplinary, finance, accommodation, legal, information, personal/family, consumer and employment issues. A baby equipment loan service is also available for students with families.

Study Abroad programme support
The dedicated Study Abroad team can advise and assist you in the application process and provide guidance throughout your time at Newcastle.

www.nusu.co.uk/sac

www.ncl.ac.uk/mobility/experience-newcastle
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**Student life**

There’s so much more to student life at Newcastle than getting a degree. With first-class facilities in our Students’ Union Building, well-equipped Sports Centre and programmes such as ncl+, there are lots of opportunities to get involved.

### Students’ Union

The Students’ Union is at the heart of student life at Newcastle University. It offers:

- Freshers’ Week (a fun-packed week of introductory events for students new to the University)
- Student media, including our award-winning newspaper, The Courier, Newcastle Student Radio and The Courier Television, all of which you can become involved in
- Over 170 student societies including a wide range of country-specific societies
- Volunteer opportunities
- A shop, printing services, a branch of Santander bank, Starbucks coffee shop, a Subway sandwich shop, a Domino’s pizza store, bars and event space
- Give it a Go, which offers taster sessions in a wide range of activities
- Computer facilities with 24-hour access

www.nusu.co.uk

### Adding to your degree with ncl+

Whatever your ambitions, degree subject or year of study, ncl+ opportunities will build your confidence and help you make the most of your time at Newcastle University. You could become a course representative, gain work experience with a local employer, become a student ambassador representing the University at events, or get involved in student media.

If you are studying with us for a full year, you can also gain recognition for your participation in ncl+ activities through the ncl+ Award.

www.ncl.ac.uk/careers/awards/nclplusaward

### Accommodation options

#### University accommodation

We offer an extensive range of great-value accommodation. All of our accommodation is either close to our city-centre campus or within easy reach via excellent transport links.

Full year students are guaranteed accommodation. If you are a semester-only student, while you are not covered by our Accommodation Guarantee, we recommend you still apply for University accommodation. If we cannot offer you accommodation for a semester only, we will approach other accommodation providers we work with closely and send you details of the available accommodation along with information on how you can contact them. Second semester students are more likely to be offered a University room as there are always students who leave accommodation during the first semester and we can offer their rooms to you.

For more information about completing your online application, visit www.ncl.ac.uk/accommodation

#### Private accommodation

There is a range of private student accommodation in city-centre schemes with specialist providers and individual properties in the community. Most contracts on these properties will be for either a minimum 42–44-week period or 50–51-week period.

Our Private Sector Team can provide help and advice for students renting in the private sector. Visit www.ncl.ac.uk/accommodation/private for more information.

www.ncl.ac.uk/mobility/experience-newcastle

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**Sport**

We provide outstanding facilities for sport and fitness, including a 125-station health and fitness suite, 28 high-quality grass pitches, two artificial pitches, a Water Sports Centre on the River Tyne, and an indoor archery and rifle range. Our active Campus Sport programme ensures you will have the opportunity to take up or continue your participation in many different sports at a level that suits you. This includes Intra Mural Sport, exercise classes and casual Sports Centre usage, as well as the Hall Sport and Inclusive Newcastle programmes run by NUSU.

We also have a sports scholarship programme that enables high-performing student athletes to fulfil both their sporting and academic potential. Whatever your ability or experience, we look forward to you getting involved, forming new friendships and making the most of your time at Newcastle.

www.ncl.ac.uk/sport

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**Join 5,000 international students from over 120 countries**
Our exchange programmes

We offer European-based and international students the opportunity to study with us as part of our exchange programmes. You can apply to study at Newcastle for a semester or a full academic year.

Vibrant community

We have a vibrant community of exchange students at Newcastle as we encourage our incoming and outgoing students to socialise with one another in order to build international networks and friendships that will last a lifetime.

Buddy scheme

As a new incoming exchange student you will be offered the opportunity to participate in our ‘buddy scheme’. You will be paired with a Newcastle student who will help you settle into the University and introduce you to our campus and its community. Often your buddy will be someone who has themselves participated in an exchange programme.

Personal tutor

On arrival at Newcastle, you will be assigned a personal tutor. This is usually an academic member of staff whose role is to support you during your studies at Newcastle and facilitate your personal and academic growth.

Erasmus+ exchange programme

To study at Newcastle University as part of the Erasmus+ programme, you need to be studying at one of our partner institutions that holds an Erasmus agreement with Newcastle in the subject you wish to study.

You can find out if your home institution is one of our Erasmus partners at www.ncl.ac.uk/mobility/experience-newcastle/exchanges

You can find out what modules are available to study at Newcastle at www.ncl.ac.uk/mobility/experience-newcastle/module-catalogue

If you wish to apply to study at Newcastle University as part of the Erasmus+ programme, you should get in touch with the Erasmus co-ordinator at your home institution. We work closely with colleagues at our partner institutions to ensure they have all the information they need to help you apply to Newcastle.

For information about how Brexit will impact the Erasmus+ programme, please visit ec.europa.eu/programmes/erasmus-plus/about/brexit_en

Non-EU Exchange programme

To study at Newcastle University as part of the Non-EU Exchange programme, you need to be studying at one of our partner institutions that holds a student exchange agreement with Newcastle.

You can find out if your home institution is one of our Non-EU Exchange partners at www.ncl.ac.uk/mobility/experience-newcastle/exchanges

You can find out what modules are available to study at Newcastle at www.ncl.ac.uk/mobility/experience-newcastle/module-catalogue

If you wish to apply to study at Newcastle University as part of the Non-EU Exchange programme, you should get in touch with the Study Abroad office at your home institution. We work closely with colleagues at our partner institutions to ensure they have all the information they need to help you apply to Newcastle.

Newcastle is an amazing city. The options are unlimited... You won’t have time to discover every corner.

Cristina

I loved my Erasmus time so much that I came back to Newcastle.

Lena
Top tips for exploring Newcastle and beyond

These are just some of our favourite places...

Soak up some culture

The city has a wealth of opportunities to indulge your intellectual side and is alive with art and creative energy too. There are numerous theatres including the gorgeous Theatre Royal for everything from ballet to musicals. Catch a performance at the Sage Gateshead, a world-class concert hall home to the Northern Sinfonia, and browse modern art at BALTIC, an art gallery in a former grain mill.

Coastal towns

Just 25 minutes away by Metro, Whitley Bay and Tynemouth are easily accessible and provide a wealth of seaside delights: boasting a ruined priory, three Blue Flag beaches, fish and chips, surf lessons, ice cream, an aquarium, craft markets and more...

Take a surf lesson

Tynemouth Longsands is the go-to destination for many of the UK's top pro surfers. This curved golden beach is a popular place to learn to surf and a number of qualified surf schools provide lessons for people of all abilities. If you don't fancy getting wet, watch the action from the brilliant beach front cafés.

Stroll along the prom

Grab a bag of chips from Whitley Bay seafront and enjoy them as you stroll along the prom. Alternatively, the long and relatively empty beaches are great for kite flying, Frisbee and volleyball. If you're feeling brave, Whitley Bay also has a sea swimming club.

Angel of the North

Take a trip to see one of the North's most iconic landmarks. Antony Gormley's statue has been welcoming visitors to the region for nearly 20 years.

Hadrian's Wall

Hadrian's Wall marks the edge of the Roman frontier. The Wall is still visible in places in the city, but the best way to experience this World Heritage Site is to set off into the countryside, where forts like Housesteads and Birdoswald give a glimpse into life in Roman Britain.

Durham

15 minutes on the train takes you to the World Heritage Sites in Durham, with its quaint streets and spectacular castle and cathedral.

Alnwick Castle

Based in Northumberland, Alnwick Castle transports you back in time. Explore the castle’s cellars, museums and art collection. If the castle looks familiar, you might recognise it from the first two Harry Potter films!

The lingo...

At Newcastle, we’re famous for our ‘Geordie’ dialect. Here’s our guide to deciphering the phrases that you might hear when you join us...

Alreet pet? Friendly greeting
Craic Enjoyable conversation. As in ‘it was good craic’
Howay man! Come on! As in ‘howay man, let’s get gannin’
Why aye! Of course!
Stottie Round flat bread native to Newcastle
Bait/bait box Food/lunch box
Champion! As in ‘you’re going to Newcastle University? Champion!’
Toon Army Newcastle United football supporters
Canny Great/good
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Full details of the University’s terms and conditions, including reference to all relevant policies, procedures, regulations and information provision, are available at www.ncl.ac.uk/pre-arrival/regulations.

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