

Climate Conscious Travel: Student Mobility

Why?

Newcastle University is committed to reducing its carbon footprint.

One of the most significant actions we can take in reducing carbon emissions is by limiting the number of flights taken. Short-haul flight generates more emissions than the mean emissions of someone living in Somalia or Uganda in a *whole year*.

Want to know more?
Get in touch with the
Global Opportunities
Team for help on your
journey.



2.5%

The contribution of aviation to global carbon emissions, set to **triple** by 2050

How?

Ferry: from ports in England to France, Holland and Spain.

Train: Eurostar to Paris, Lille, Brussels, Amsterdam. Trains within Europe are much more reliable than the UK!

Buses: a cheap and comfortable option, with overnight travel often available.

Why travel by train?

With more comfort, views of European countryside and stops in the city centre, train travel is easy and offers a new way to see Europe.

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Insurance

If the intent to travel to your destination is there, Newcastle University will insure you as long as it is within a reasonable time frame to/from your destination. This includes an overnight stay if necessary!

A train to Grenoble would save **251.91 kg** CO₂ in comparison to flying



Take off and landing use the most amount of fuel during a flight

Choosing to minimise short haul flights makes a huge environmental difference

Useful Resources:

<https://www.rome2rio.com/>

<https://raileurope.co.uk/en>

<https://www.seat61.com/>

<https://www.flixbus.co.uk/>

www.bahn.de/en

<https://www.interrail.eu/>

Interrail

A single train pass that allows you unlimited travel for a certain amount of travel days. You can either choose a country, or a global pass that covers 33 European countries for as little as 4 travel days in a month

Would work for: journeys that are over 180 euros, or that require a lot of changes.

NB: 10% discount until 31st March.

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Other tips for living sustainably abroad



Make the most of bikes and scooters: these are available in most larger towns and cities now, and offer a cheaper way to travel. They are also a great way to explore a new city.



On bad weather days: choose to use public transport systems rather than jumping into a taxi!



Try to make eco-conscious choices whilst travelling: avoid take-away cutlery and cups, choose to buy souvenirs that you'll use again, and avoid fast fashion purely for the sake of the trip.



If you do have to fly: choose the most eco-friendly option you can, by avoiding split journeys and considering getting the train for parts of your journey to avoid internal flights.