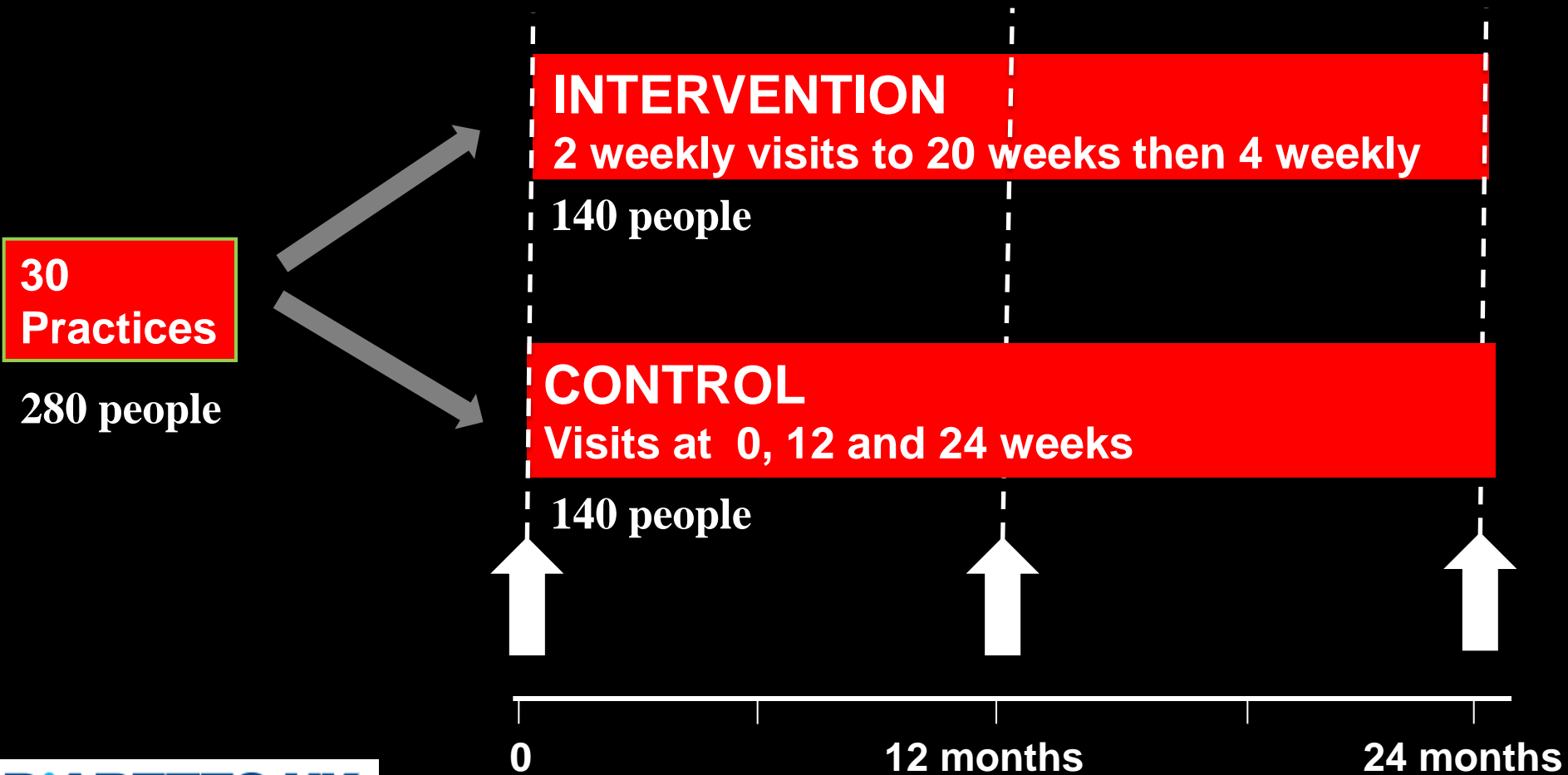


DiRECT – a study in routine NHS General Practice



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What proportion of people with type 2 diabetes can be returned to ongoing normal health?

2 weekly visits to 20 weeks then 4 weekly

140 people

30
Pr
280
1

What psychological factors lead to success?

140 people

What metabolic changes ensure continuing normal metabolism?

months