Dear Colleagues

Welcome to the December 2018 edition of the Newcastle University DClinPsy newsletter.

In this edition I want to outline the changes we have recently made to the governance structures on the DClinPsy programme with the establishment of a Programme Board. This Board is responsible for the long term strategic planning and oversight of the Newcastle University DClinPsy Programme. Its purpose is to provide a forum whereby stakeholders in the Programme can meet to review, plan and implement all policy relating to the Programme.

The programme needs to ensure that all its functions are carried out effectively, efficiently and appropriately. To achieve this each major part of the programme is overseen by a committee, which reports to the Programme Board. There are five sub-committees (clinical; academic; research; selection; service user and carer). Each sub-committee includes representation from programme staff, trainees, supervisors and psychologists working in the region, and in many cases service user and
carer representatives. Each sub-committee identifies objectives and monitors the work, with the programme team being responsible for delivering these objectives. This ensures that the programme is organised in an open and transparent way, and that trainees and external stakeholders have clear input into the programme’s development and direction.

The DClinPsy programme is a shared and collaborative enterprise and we welcome colleagues and trainees being involved in the planning, management and direction of the programme. We are delighted that so many of our colleagues and trainees have taken up roles on our committees.

This newsletter provides some more details on these committees, as well as a selection of articles from other aspects of the programme. Wishing you all a lovely Christmas break.

Best wishes,

Dr. Claire Lomax

Programme Director
Newcastle DClinPsy Programme Board:
Membership and Highlights Report

Membership

The Programme Board meets three times a year and its membership is:

- Programme Director (chair) - Claire Lomax
- Clinical, Academic and Research Directors - Theresa Marrinan, Anna Chaddock and Mark Freeston
- Chair of Selection sub-committee – Fiona Gullon-Scott
- Chair of Service User and Carer Committee (KEEN)
- Programme Administrator - Lynne Davison
- Senior representatives (1 or 2) from four of our major NHS placement providers:
  - Viv Twaddle and Jon McDonnell, NTW
  - Chris Baker, NUTH
  - Nigel Trevarrow, TEWV
  - Richard Thwaites, Cumbria
- Commissioning Representative from Health Education North East (HENE)
- Service User involvement representative - Alisdair Cameron
- Trainee representatives as third year chairs of Student Staff Committee - Emma Grisdale and Mithila Mahesh
Highlights Report from the first meeting

The first Newcastle University DClinPsy Programme Board was held on November 23rd 2018

- The Programme Board is responsible for the long term strategic planning and oversight of the programme and its membership of stakeholders comprise senior programme team members, NHS service leads, service user representatives and trainees.

- 5 programme Sub-Committees report into this Board (Clinical; Academic; Research; Selection; Service User and Carer) and meet 3 times annually

- Key priorities of the Programme Board are
  - To enhance communication channels with stakeholders
  - To prepare for BPS accreditation visit in May 2019
  - To enhance support for clinical supervisors where employment adjustments are required for trainees with health conditions or additional needs
  - To focus on widening access to the profession
Newcastle DClinPsy Sub-Committees

The purpose of the programme sub-committees is to provide a forum whereby stakeholders in each part of the programme can meet to review, plan and discuss issues relevant to the different area represented by the group. It is chaired by the programme staff member with primary responsibility for that area of the programme, and membership is constituted by a mixture of NHS clinicians and supervisors; programme staff; trainee representatives from each of the three years and a member of the programme administrator team. Membership for each sub-committee is as follows:

Clinical sub-committee membership: Heather Borrill (NUTH); Sara Carr (NTW); Helen Clothier (NTW); Tom Christodoulides (NTW); Dave Dagnan/Kelly Rayner (Cumbria); Jamie Dibdin (NTW); Leahan Garratt (NUTH); Phil Goldblatt (NTW); Catriona Gray (NTW); Ian James (NTW); Gill Legg (NTW); Theresa Marrinan (NU, chair); Joanne Nelson (NTW); David O’Sullivan (NU and NTW); Elinore Percy (NTW); Lucy Reid (Northumbria); Stephanie Simpson (Northumbria); Nigel Trevarrow (TEWV); Jill Vose (Cumbria); Judith Welsh (TEWV); Penny Wilmott (NUTH); Abi Guymer (year 1 trainee); Chloe Geagan (year 2 trainee); Rowan Tinlin (year 3 trainee).
**Academic sub-committee membership:**

Stephanie Albinson (NTW); Helen Aylott (NUTH); Anna Chaddock (NU, chair); Phil Goldblatt (NTW); Abi Guymer (year 1 trainee); Dan Hedley (NTW); Alan Howarth (Gateshead); Steve Jefferis (NTW); Doug Maisey (Cumbria); Nazik Nezmat (NTW); Alex Reed (NU); Kate Reilly (NUTH); Morag Ritchie (year 3 trainee); Nicola Robson (NTW); Laura Surley (NTW); Kate Ward (NTW); Alex Williams (year 2 trainee).

**Research sub-committee membership:**

Afua Appiah (year 1 trainee); Nicola Barclay (NTW); Laura Bell (NTW); Kyle Dunn (year 3 trainee); Mark Freeston (NU, chair); Vicki Grahame (NUTH); Barry Ingham (NTW); Ben Marram (NTW); Lucy Robinson (NU); Sarah Thwaites (Cumbria); Lauren Smith (year 2 trainee).

**Selection sub-committee membership:**

Alisdair Cameron (Launchpad); Anna Chaddock (NUTH and NU); Rea Cheetham (NTW); Tom Christodoulides (NTW); Jennifer Coles (NUTH); Dave Dagnan (Cumbria); Ashley Fulwood (OCD-UK); Catriona Gray (ntw); Fiona Gullon-Scott (NU, chair); Liz Kennedy (NTW and NU); Claire Lomax (NU); Richard Thwaites (Cumbria); Stephen O'Driscoll (Launchpad); Nigel Trevarrow (TEWV); Tracy Thorne (NTW); Lucy Robinson (NU); Theresa Marrinan (NU); David O'Sullivan (NTW and NU); Stephanie Lai (NTW); Sarah Mitchell (Northumbria); Tim Diggle (NTW); Phil Goldblatt (NTW); Fiona McKendrick (NUTH); Debby Townson (NTW); Nichola Robson (NTW).
Service User and Carer sub-committee (Knowledge Experience and Exchange and Network or KEEN) membership:

Ceara Bergin (Chair and year 3 trainee); Alisdair Cameron (Educator by Experience, EbE); Jessica Graham (year 1 trainee); Fiona Gullon-Scott (NU); Giles Hudson (EbE); Alan Jackson (EbE); Theresa Marrinan (NU); Barbara Medea (year 2 trainee); Steve O'Driscoll (EbE); Louise Prentice (year 2 trainee); Alex Reed (NU); Graham Ricketts (EbE); Morag Ritchie (year 3 trainee); Carol Robinson (EbE); Bill Scott (EbE); Tom Sharp (year 3 trainee); Rachel Snodgrass (year 1 trainee); Amy Walsh (year 1 trainee); Kate Ward (NTW)
Update on Foundation Course in Neuropsychology

In our summer newsletter we outlined the plans for additional routes to access the Specialist Register of Clinical Neuropsychologists via part-completion within DClinPsy programmes. We have now heard that Bristol University who developed a Foundation Course for post-DClinPsy have been given accreditation by the BPS. This means that trainees who undertake their programme post-DClinPsy training, and who have followed the neuropsychology pathway within our programme can get accelerated qualification as a Clinical Neuropsychologist. Our first group of trainees are applying to do the Diploma after the DClinPsy programme ends next year, and we continue to liaise with Bristol and the local SIG to improve and fine tune the pathway within the course. Please get in touch with Fiona (fiona.gullon-scott@newcastle.ac.uk) if you would like to find out more about this initiative.
Research Conference 2019

At the annual DClinPsy Research Conference in May our third year trainees will be presenting their research projects. The presentations will cover a wide range of topics, so we hope there is something of interest for everyone. We encourage and support trainees to publish their thesis research following completion and to submit findings to national and international conferences for oral or poster presentations. The conference provides an excellent opportunity for our students to develop these skills and disseminate their work.

We are pleased to let you know that this year’s keynote address will be made by Professor Paul Salkovskis. Paul qualified as a clinical psychologist in 1979 at the Institute of Psychiatry and Maudsley Hospital. In Oxford he became Professor of Cognitive Psychology, before leaving to work at King’s College London Institute of Psychiatry as Professor of Clinical Psychology and Applied Science and Clinical Director in the Centre for Anxiety Disorders and Trauma at the Institute of Psychiatry (2000-2010). He led the SLaM and national outpatient OCD service. Paul is now Programme Director for the Doctorate in Clinical Psychology (DClinPsy) at the Oxford Institute for Clinical Psychology Training and Research and Director of the...
Oxford Cognitive Therapy Centre, and is president of the BABCP of Behavioural and Cognitive Psychotherapy.

The conference will take place in the afternoon of 24th May – if you would like to attend please contact us at doctorate.director@newcastle.ac.uk (CPD certificates will be provided).

Supervision Workshop
The final day of the Introduction to Supervision Workshop will be on 29th March 2019. If people are interested in attending the next workshop in October 2019 please let us know. Our next Refresher workshop for supervisors will be held in early October. Do let us know if you would be interested in attending and we will contact you with the details once the date has been confirmed.

Electives Fair
There will be an Electives Fair on Thursday 7th March 2019 at the University. This is an opportunity for supervisors who would like to offer an elective starting in November 2019 to present their placement to the trainees and to get verbal expressions of interest. If you are interested in attending please let David know at David.Sullivan@ntw.nhs.uk
In September we held our first annual Away Day at Cullercoats Beach. All trainees and staff spent the day at the Dove Marine Laboratory enjoying being away from work and doing a mixture of activities together, including yoga and rounders! The weather was very kind to us and we even managed fish and chips on the sand. It was a lovely opportunity to spend time together and also to say goodbye to our third year cohort (2015-2018).
Hello and goodbye to trainee cohorts

We recently welcomed our new cohort in September to the programme. Some of you will know or recognise some of the trainees pictured, but here is a lovely group photo so you can put names to faces in the future.

First year cohort (2018-2021)

From top left to right: Mark Maxwell, Tinging Yong, Liam Trevithick, Jessica Graham, Ray Cabrera, Jade Eastland, Susan McConville

From bottom left to right: Amy Walsh, Florence Tsang, Abigail Guymer, Rachel Snodgrass, Kate Kennedy, Afua Appiah, Victoria Roberts, Jessica Collins, Bronagh Weir
We also had our graduation in December for our 2015-2018 departing cohort of trainees. It was a cold day but a lovely ceremony – here is a picture of a few of the group!

Finally, here is a snap of the leaving present from the departed third year which the team have really enjoyed and will be on the wall of our psychology building shortly!