## Walk and Talk Virtual - Leazes Park from Helix site

Using this map, you can enjoy a walk from the Helix site, around Leazes Park. It should take 30-60 mins to complete. You can access extra content along your walk by clicking on the numbers 1 to 7. These short videos are based around the Five Ways to Wellbeing and are designed to help you pause and think as you explore the park. If you have printed this map, then you can use the QR code below to access all 7 videos.

Produced by Newcastle University Chaplaincy www.ncl.ac.uk/chaplaincy

Pedestrian

crossing

Leazes park , car park
The Tower Cafe
Leazes Park Lake
Eazes Park Bandstand
Leazes Park Bandstand

Newcastle United

St James M

Football Club

Barrack Road-Leazes Park

Sintons Law

The Leazes End Club Temporarily closed

Oal, Cafe

Footpath alongside access road

65

fferson Pl

side s treet

> Verde Student Accommodation

Urban Sciences Building

Unite Students -Wellington St Plaza...

Pitt St

St. James' Park

Pedestrian wn crossing

Stavbenyel

The Gate Car Park

Direction of walking route. Start/end at paved area between the USB and The Frederick Douglass Centre.

Gurdwara Siri

Start/end point for walk



Link to video content for numbers on map.