

You're not alone

Hands up
for not
living
in fear

Hate crime affects
3 out of 4 people with
mental health problems

Don't suffer **harassment**
or intimidation alone

We can help

STOP HATE CRIME
0800 138 1625
24 HOUR HELPLINE
Text Relay 18001 0800 138 1625

STOP HATE UK
STOP HATE. START HERE®