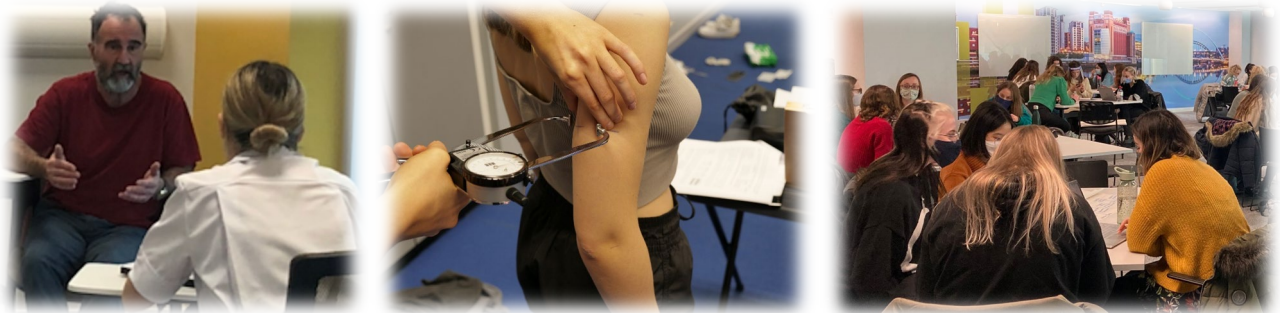


## Dietetics (MDiet) Programme

### What is Dietetics?

Dietetics is the science of how nutrition affects our health. To qualify as a dietitian, you need to study all areas of nutrition related to human health and disease, ranging from the natural and clinical sciences through to the social sciences, developing the competencies to work with people to change lives, and contribute to the welfare of society.



Study with us to become a clinically adept dietitian who uses knowledge of science, food, psychology, and the human body to educate, empower and give practical advice on changing diet and lifestyle behaviours to individuals, groups and communities.

### Our programme

You will benefit from:

- A 4-year Integrated Masters programme
- Interdisciplinary learning opportunities with students from other healthcare programmes in our Faculty of Medicine
- Opportunities to develop your practical skills in measurement and assessment of dietary intake and nutritional status/body composition, menu planning, and recipe modification for therapeutic diets
- A case-based learning approach
- Integrated practice placements across all years in a range of settings
- Masters research project with world-leading researchers
- Attend a national conference where you'll hear from experts in nutrition and dietetics

