

## Nutrition Placement Year

### Why choose a placement?

The placement year is an excellent opportunity to apply your knowledge in a work setting and gain valuable professional experience that will help you stand out from other food graduates in the marketplace. It provides an opportunity to be immersed in the work environment to help you decide on your chosen career path. Our students return from placement with a range of professional skills, and an understanding of how nutrition applies to the real world.



*"My placement year was invaluable for shaping my future career in the food industry – not only did I learn the areas I enjoyed, but discovered about the breadth of jobs available with a Food Science and Nutrition degree – it allowed me to complete my final year with more focus and determination of what I need to do."* **Sophia**

### Award winning support

Our award-winning Careers Service and dedicated placement co-ordinator will provide you with training, such as preparing a CV, applying for jobs and interview practice. During the placement, you collate evidence of your work experience and skills development as a portfolio. This can be submitted for the award of a Licentiate of the City and Guilds Institute, London (equivalent to NVQ Level 4). This provides a unique opportunity to gain an additional qualification which recognises the development of personal, transferable skills in the workplace.



*"I chose the option of a placement year because I was keen to get some experience in industry, particularly in retail. I wanted a break from studying to learn practical skills and have different opportunities in a new city. My placement year was the highlight of my 4 years and without a doubt imperative to helping me get a graduate job. Particularly on a scheme for a big company which will require a years' experience on application"* **Sophie**

### Past students have secured placements at companies including:

- Marks & Spencer
- Arla
- Co-op
- Mondelez
- Nestlé
- Aldi
- Pepsico
- Human Nutrition Research Centre

Read more on our website:

<https://www.ncl.ac.uk/bns/study-with-us/nutrition/food-nutrition-placements/>

