

Sport and Exercise Science

Work experience during your degree

There are lots of extracurricular work experience opportunities at Newcastle University that help you develop your CV over the course of your degree. This can help give you an edge when you apply for a graduate position.

Voluntary and paid work experience with our extracurricular partners

Within the North East region, there are many professional organisations that offer or have offered work experience opportunities to our students. Some examples are the Newcastle Falcons (rugby union), Newcastle Eagles (basketball) and Durham County Cricket Club.

We also have close ties with the Newcastle United Foundation (St James' Park is a 5 minute walk from our campus!).

Within our School, some of our students also work as student ambassadors or take up roles such as course representatives or assistant lab technicians.



"Working with the SES lab technicians alongside my studies has been extremely insightful and has given me valuable knowledge. I have learnt about and been hands on with many pieces of advanced equipment that I may not necessarily have had the opportunity to use at this stage in my studies."

Lauren, 2nd year Sport and Exercise Science 2021-22

"Despite Covid, I have been fortunate enough to get involved with a range of online and in person opportunities such as partaking in strength and conditioning sessions! All these experiences have encouraged me to apply for a placement year, within industry, at various professional football clubs around the UK and I'm currently being interviewed by Southampton FC."



Ellie, 2nd year Sport and Exercise Science 2021-22

What other opportunities are available?

- BioSci: our School's student society regularly organises social and extracurricular events, and students can join the committee to help organise such events.
- GoVolunteer: the volunteering arm of Newcastle University Students' Union can help find the perfect volunteering project for you!
- {react} magazine: a student-led magazine that recruit in many different areas including journalism, design, editing and reporting.

Our award-winning Careers Service's website is the best place to find out about the wealth of work experience opportunities available at Newcastle:

<https://www.ncl.ac.uk/careers/workexperience/>

