

**Human Nutrition and Exercise Research Centre**

**HNERC Research Day and Annual Lecture**

# Wednesday 4 October 2023

Time: 09:00 – 17:00

Venue: Room 2.16 Event Space, 2nd Floor, DMBB

**Poster Submission and Competition Guidelines**

Postgraduate students, postdocs and other researchers are invited to submit posters for the ‘***Best Poster at the Research Day***’ competition. Posters will be judged by a select panel, with the winner and runner up being awarded prizes.

The **deadline** for submission of posters is **Monday 18th September**. If you are submitting a poster that has been presented at any conference or meeting in 2022 and 2023, then please provide the title of the poster and, its dimensions, by the deadline and ensure you bring the poster with you on the day.

**Poster Guidelines**

**Submission:**

* Poster title, size and orientation must be emailed to David Oliver and Wendy Grunson at . fms.pas@newcastle.ac.uk by the deadline of **Monday 18th September**.

**Please read the following checklist and make sure that your poster complies:**

* The poster should include the new HNERC logo (see top of page) and the author’s address must show that she/he is a member of the HNERC
* Sufficient introduction (including references) to allow the context to be accessed
* A clear and well defined statement of hypothesis, aims and/or objectives
* A clear outline of the methodology used
* A clear results section showing the data obtained
* A clear conclusion

**Important deadlines:**

* Poster submission deadline: Monday 18th September

**Poster preparation instructions:**

* Poster dimensions and orientation must be advised
* **DO NOT** forget to bring your printed poster to the Research Day by no later than 0900hrs.

Thank you

**HNERC Research Day Organising Committee:**

Laura Basterfield, Senior Research Associate, PHSI

Andrea Fairley, Lecturer in Human Nutrition & Dietetic, Biomedical, Nutritional & Sports Sciences

Yasmin Ibrahim, Project Administrator, FMS Professional Services

Fiona Malcomson, Senior Research Associate, PHSI

Alice Roberts, PGR, PHSI