NEWCASTLE UNIVERSITY
SPORTS SERVICES
Strength and Conditioning Internships (Sept 2022 to June 2023)

Newcastle University is providing up to 4 internship positions to work alongside the Performance Sport Team and S&C coaches in the strategic development and delivery of S&C at the University.

This is an ideal position for aspiring S&C coaches seeking applied work-related experience within the S&C industry. This internship role will provide the successful candidates with the opportunity to develop their technical coaching skills and knowledge by working alongside UKSCA accredited coaches within the University’s new £24m Sport and Fitness Centre.

A comprehensive CPD programme will also be provided allowing you to learn and develop your skills from the University’s professional S&C coaches. You will be encouraged to engage with the CPD programme throughout the internship. You will be responsible to the Head of Strength and Conditioning and will provide S&C service (planning and delivery), support and education to the University’s Performance Sports Clubs and Sport Scholars during training and competition.

The Internship will be based at the University Sport and Fitness Centre where the majority of work will take place in the Performance S&C Rooms, although you may at times have to conduct sessions at the University’s outdoor sports facilities.

It is desirable applicants will have some form of fitness/gym based/weightlifting qualification or equivalent. You will be required to adopt a flexible approach to work, be able to work as part of a team and have excellent interpersonal and communication skills.

The internships will require approx. 6 hrs including early mornings, evenings and/or weekends. This is a paid position and salary will be based around weekly availability

Interviews will be held on 22nd AUGUST 2022

Informal enquiries to Richard Eaton, Head of Strength and Conditioning at Richard.Eaton@ncl.ac.uk

Application: To apply for this position please send a covering letter and CV to Richard Eaton at Richard.Eaton@ncl.ac.uk

This is a paid position and salary will be based around weekly availability

CLOSING DATE: 15th AUGUST 2022